

Canine Enrichment

Encouraging your dog to be a dog

Enrichment encompasses a wide variety of activities.

By offering enrichment, you will learn more about your dog and what your dog finds rewarding. These discoveries can be used for training and behavior modification. You are also providing much-needed mental stimulation and exercise, as well as building a relationship with your dog. Engaging your dog in enrichment activities can also help to address behavioral concerns like chewing household items.



Sensory activities including smelling, tasting, touch, sight, and sounds. Smelling is particularly important for dogs. Try a snuffle mat, a muffin tin with tennis balls and treats, a puzzle toy or "find it" game. Or just take a walk and let your dog sniff wherever they like.



Games are enriching. Try a game of fetch, a flirt pole, the red light-green light game, hide and seek, or a game of chase.



Teaching your dog something new such as a new skill, a trick, or try some dog parkour.

Written by: Kris Hale with Best In Dog LLC, CPDT-KA

